

JCTR BASIC NEEDS BASKET

Lusaka

September 2019

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	119.88 25 kg bag	2 x 25Kg	239.75
Rice	100.50 5kg	4kg	80.40
Cassava Flour	7.25 1kg	6kg	43.51
(Sweet) Potatoes	20.47 1 Kg	4 Kg	81.87
Beans	24.41 1kg	3kg	73.24
Pounded Groundnut	39.29 1kg	1kg	39.29
Soya Pieces	69.98 1 kg	2kg	139.96
Beef	36.10 1kg	2kg	72.20
Chicken	46.25 2kg	5kg	115.63
Kapenta	140.34 1kg	1kg	140.34
Eggs	15.00 1 unit (10 eggs)	3 Trays (90 eggs)	135.00
Milk (Fresh)	8.00 500 ml	10 liters	159.97
Vegetables	449.67 40 Kg	40kg	449.67
Onion	11.62 1 Kg	4 Kg	46.50
Tomatoes	10.25 1 kg	6 kg	61.49
Banana	10.64 1 Kg	16 Kg	170.30
Other Fruits	15.70 1 kg	14 Kg	219.85
Cooking oil (2.5lts)	57.25 2.5lt	3.6lt	82.44
Salt	5.50 1 Kg	1 Kg	5.50
Tea	25.42 250g	250g	25.42
Subtotal			ZMW 2,382.31

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	142.00 90kg bag(s)	2 90kg bag(s)	284.00
Soap (Lifebuoy/Champion)	7.93 Tablet(s)	3 Tablet(s)	23.78
Wash soap (BOOM)	9.08 400g	4 400g	36.33
Jelly (Vaseline)	22.50 500ml	1 500ml	22.50
Electricity (medium density)	292.00 Month(s)	1 Month(s)	292.00
Water & Sanitation (med - fixed)	197.00 Month(s)	1 Month(s)	197.00
Housing (3 bedroom)	3,000.00 Month(s)	1 Month(s)	3,000.00
Sanitary towels	16.80 Pack of 10	2 Pack of 10	33.60
Toilet Paper (2ply)	5.83 Tissue(s)	6 Tissue(s)	35.00
Lotion (Dawn)	20.75 250ml	1 250ml	20.75
Subtotal			ZMW 3,944.96

Total for Basic Needs Basket

ZMW 6,327.28

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round trip)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	600.00	Chilenje - Town	20.00
Grades 10-12 (User + PTA/year)	600.00	Chelston - town	20.00
		Matero - Town	16.00
Health		Fuel (cost at the pump)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Registration (book)	2.00	Petrol (per litre)	15.98
Self-referral (Emergency Fee)	80.00	Diesel (per litre)	14.23
Mosquito net (private)	75.00	Paraffin (per litre)	13.02

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
6,327	4,044	3,929	3,959	6,208	5,570	4,721	5,302	3,927	4,970	4,457	5,871	5,317	4,418	4,621.23	4,565

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples and Oranges.

This survey was conducted on 27th September, 2019 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chinda, Kabwata, Matero and Schools, clinics/hospitals, and filling stations around Lusaka. The September Basic Needs Basket is approximately US\$487 based upon the exchange rate Of K13. Other costs would include personal care, clothing, recreation, etc.

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